



**Bay Clinic, Inc.**  
Administration Office  
450 Kilauea Ave., Ste. 105  
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FOR IMMEDIATE RELEASE

**Hawai'i County Awards Bay Clinic \$25,000 for Preventive Health Programs**

HILO, HAWAI'I, July 17, 2017 — The County of Hawai'i awards a total of \$25,000 for Bay Clinic's Breast Cancer Prevention program, Diabetes Self-Management Education, and IT updates for its Dental program.

Bay Clinic's Women's Health and Diabetes Self-Management Education (DSME) programs are accessible by all regardless of income level or insurance status. Health screenings are important because they may reveal risk factors, behavioral and health conditions that put you at risk for diseases. For example, risk factors like high cholesterol, high blood pressure or obesity may lead to heart disease, diabetes, or cancer.

'Breast cancer may have no symptoms. For this reason, it's recommended that women over the age of 40 get an annual mammogram,' said Dr. Chrissy Capati, Bay Clinic Medical Director. Caught early, breast cancer is treatable and prevents extensive treatment and improves health outcomes.

The goal of the diabetes program is to provide individuals with diabetes and their families with the tools to take control of diabetes, safely manage the disease and prevent serious complications. Each 6-class DSME session focuses on diabetes education centered around the cornerstones of diabetes self-management, including blood sugar monitoring, medical nutritional therapy, and exercise.

Call Bay Clinic's Call Center at 333-3600 to schedule your women's health and breast cancer screenings at one of our health centers, which include our Ob-Gyn in residence Hilo Women's Health Center, or at Hilo Family Health Center, Kea'au Family Health and Dental Center, Pahoa Family Health Center, and Ka'u Family Health Center.

For more information about Bay Clinic's Diabetes Self-Management Education Program, call Alice Suncloud, Registered Dietician, at 965-3033.

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**About Bay Clinic, Inc.:**

*Bay Clinic, Inc. is a 501(c)(3) Federally Qualified Health Center with 181 employees in 9 sites. Serving over 22,000 patients, Bay Clinic is a community-directed healthcare organization that provides quality primary and preventive care services to the people of East Hawai'i. Bay Clinic will ensure that patient-centered, culturally responsive, and affordable healthcare services are locally accessible in our communities. Learn more about Bay Clinic, Inc. at [www.bayclinic.org](http://www.bayclinic.org).*

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